

Cedar Lake Camp



What to bring

- Sleeping bag or linens & blankets for bed (provided in East Cottage & West Cottage)
- Pillow
- Change of clothes (layering of clothes)
- Seasonal clothing (jackets, boots, swimsuit, etc.)
- Toiletries (deodorant, soap, toothpaste, toothbrush, etc.)
- Towel
- Special program tools (Bible, pen & notepad, etc.)
- Money
- Flashlight / Night light for room
- Books to read
- Notify retreat coordinator of any special eating requirements, (ie. vegetarian, food allergies, diabetes, etc.) or of any medical-related needs (refrigeration for meds, etc.) you may have.
- Have I communicated to my family the camp telephone number, address where I can receive mail, and when I am expecting to return?

What should I not bring?

- Cell phones (you can have them, but please make sure they are off)
- Radios/CD players or other electronic devices
- Gum, silly string and glitter
- Anything that will distract you or take away from your time at Cedar Lake Camp.